Review Article

Progressions in Ultra-Wideband Antenna Design: A Comprehensive Overview of Innovative Strategies and Real-world Implementations

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Abstract - This review paper presents a comprehensive exploration of recent advancements in Ultra-Wideband (UWB) antenna design, aiming to elucidate the objectives, methods, findings, and novelty of the collective research efforts in this field. The primary objective is to synthesize existing literature and provide insights into the evolution of UWB antenna technologies, highlighting innovative approaches and their practical implications. Methodologically, a systematic review of scholarly articles, conference papers, and patents is conducted to gather a diverse range of research findings and design methodologies. The findings of this review reveal a spectrum of innovative UWB antenna designs, ranging from compact pentagonal-shaped antennas to transparent halved coplanar Vivaldi antennas. These designs exhibit characteristics such as wideband response, impedance matching, and stability across various frequency bands. Moreover, theoretical advancements, including the introduction of novel antenna configurations and fabrication techniques, contribute to the on-going progress in UWB antenna design. The novelty of this review lies in its synthesis of existing literature to provide a comprehensive overview of recent advancements in UWB antenna design. By analyzing and comparing various research findings, this paper offers insights into emerging trends and future directions in the field. The review underscores the importance of addressing evolving needs in wireless communication systems and highlights the practical applications of innovative UWB antenna designs in diverse domains. In conclusion, this review paper serves as a valuable resource for researchers, engineers, and practitioners seeking to advance the frontiers of UWB antenna design. It provides a structured analysis of recent developments, identifies areas of innovation, and offers recommendations for future research endeavors in this rapidly evolving field.

Keywords - Ultra-Wideband (UWB), Antenna design, Miniaturization, Wireless communication, Electromagnetic Compatibility (EMC).

1. Introduction

The next generation of wireless communication aims to improve performance by providing faster and more reliable wireless connectivity, increased data rates, and wider bandwidth. Ultra-Wideband (UWB) technology, initially used for precise object positioning in tracking applications, is now emerging in various applications, especially in compact electronic devices for short-range communications. These applications include Wireless Local Area Networks (WLAN), Worldwide Interoperability for Microwave Access (WiMAX), and indoor positioning systems. The catalyst for the surge in interest surrounding UWB technology can be traced back to the United States Federal Communications Commission (US-FCC) approval of the 3.1-10.6 GHz band for unlicensed radio frequency applications. This endorsement has sparked considerable attention among researchers, leading to extensive exploration and innovation in this domain. UWB devices offer several advantages, including low cost, lower power requirements, and high data rates. However, designing an efficient, compact antenna for UWB devices that can radiate in specific application bands remains a significant challenge.

Several research papers have documented various UWB antenna designs, often planar in nature, which are easy to integrate onto printed circuit boards. Researchers have

proposed different methods to design UWB antennas, including single-element antennas [1] and multiple-element antennas to expand device coverage [2]. A key challenge in these designs is achieving specific isolation between antenna elements, with isolation above 20 dB typically considered high in UWB antennas [3].

Some reported designs use 3D printing techniques to fabricate antennas [4, 5], demonstrating that electromagnetic energy can be magnetically coupled from an electric dipole to a magnetic dipole, achieving reasonable directivity and gain. However, most researchers prefer microstrip antennas for UWB applications due to their low profile and cost-effectiveness.

UWB antennas are categorized into types such as Vivaldi antennas [6-9], Dielectric resonator antennas [10], and others [11, 12]. Despite their advantages, UWB systems can generate interference with traditional WiMAX (3.3-3.7 GHz) and WLAN (5.15-5.825 GHz) bands. Various techniques have been presented in different papers to minimize interference with these narrow bands. For instance, one study incorporated an E-shaped resonator, meandered slot, and U-shaped slot to attenuate the co-existing frequency bands at 2, 3.5, and 5.8 GHz [13].

Section 1 of the paper introduces the historical development of Ultra-Wideband (UWB) technology and discusses its regulatory aspects. Additionally, recent advancements in antenna design for UWB are explored. Section 2 provides an exhaustive review of current research within the UWB band, detailing various methods and techniques employed in on-going studies. Section 3 emphasizes the comparison of various antenna designs in terms of dimensions, materials used, operating band, gain and bandwidth. The comparison of different antennas is thoroughly detailed and comprehensive, which provides profound clarity about the impact of materials used, techniques, and specialities of design. Section 4 illustrates the future scope of UWB antenna design, focusing on optimizing group delay characteristics and mitigating polarization effects. Moreover, it explains advanced materials like metamaterials and some advanced techniques like 3-D printing. Additionally, it highlights the importance of environmental and health impact studies for safe utilization. Overall, this section offers a brief, concise, yet thorough perspective on future developments. Lastly, Section 5 concludes by summarizing the research findings and observations, providing a definitive interpretation of the UWB antenna design landscape.

2. Literature Review

This section explores a diverse array of antenna design methodologies from leading researchers. It encompasses a range of design approaches targeting specific challenges in antenna technology, including strategies for triple-band notched antennas, advancements in double-band notched antenna design, techniques for single-band notching, innovations in Ultra-Wideband antenna architectures, integration of MIMO technology with notched antennas, optimization of MIMO systems, advances in 3D printed Horn antenna technology, developments in Vivaldi antenna design and applications, and various miscellaneous developments in the field. Each subsection delves into the specific techniques and advancements made by researchers in their respective areas, offering insights into the latest trends and innovations driving antenna technology forward.

2.1. Single Band Notching Techniques in Antenna Design

Azim's study presents a pioneering compact Ultra-Wideband (UWB) microstrip-fed annular ring antenna, deliberately engineered to exhibit specialized band notch characteristics critical for its application in Wireless Local Area Network (WLAN) and Dedicated Short-Range Communication (DSRC) systems [22], the antenna's construction integrates an annular ring patch and a partial ground plane. This design features a meticulously etched rectangular slot to define the frequency band notch accurately. With an exceptional impedance bandwidth ranging from 3 to 10.6 GHz and a strategically placed notched frequency band centred at 5.5 GHz, the antenna adeptly mitigates interference challenges between UWB and current WLAN and DSRC systems. Its uncomplicated configuration, symmetrical radiation patterns, commendable gain, and exceptional time-domain behaviour render it highly suitable for practical UWB applications. Furthermore, its compact and lightweight form factor, measuring $26 \text{ mm} \times 24$ mm, ensures adaptable performance across a broad spectrum of UWB scenarios.



Fig. 1 Single band notching techniques in antenna design proposed in [22]

In the work by R. Rizvi [23], an Ultra-Wideband (UWB) antenna featuring a unique WLAN notch band is presented, addressing the growing demand for next-generation wireless devices. This antenna is distinctively compact, measuring merely 10 mm \times 15 mm \times 0.254 mm, and is mounted on a Rogers RT/Duroid 5880 substrate. Its design is marked by a coplanar waveguide-fed monopole structure, which incorporates a rectangular-shaped primary radiator augmented by a Y-shaped radiator to enhance its bandwidth significantly. Consequently, the antenna attains a notable -10

dB impedance matching bandwidth of 11.55 GHz, spanning from 3 to 14.55 GHz, thereby comprehensively encompassing C, S, and X-band applications. To cater to specific application needs, the design includes a rectangular stub to notch out the WLAN band, effectively isolating frequencies from 4.59 to 5.82 GHz to minimize interference. Validation through a fabricated hardware prototype corroborated the simulated results, emphasizing the antenna's compactness, broad bandwidth, and stable gain, positioning it as a prime candidate for UWB applications necessitating WLAN band rejection.



Fig. 2 Single band notching techniques in antenna design proposed in [23]

2.2. Advancements in Double Band Notched Antenna Design

Praveen Kumar and colleagues present a significant advancement in antenna engineering with their innovative design of a small, circular monopole antenna designed specifically for Ultra-Wideband (UWB) usage, including applications requiring dual-band notching for UWB signals. [15]. By integrating circular and elliptical elements, the proposed antenna achieves an outstanding impedance bandwidth of 113%, spanning from 3.7 to 13.3 GHz, surpassing the -10 dB threshold.

Notably, the inclusion of two strategically positioned inverted U-shaped notches effectively mitigates interference from Wi-Fi, WLAN frequencies (5 to 5.6 GHz), and X-band satellite communication frequencies (7.3 to 8.3 GHz). The antenna exhibits favourable radiation pattern attributes and boasts a notable Fidelity Factor of 0.94. Through comprehensive frequency and time domain analyses, including Characteristic Mode Analysis (CMA), the effectiveness of the antenna design is rigorously validated.

Moreover, a circuit model of the antenna design is developed and assessed, showcasing exceptional consistency between simulated and measured outcomes. The proposed antenna not only offers significant performance enhancements for UWB wireless applications but also presents opportunities for future enhancements, including the transformation into a Multiple Input Multiple Output (MIMO) antenna to boost channel capacity.



Fig. 3 Double band notching techniques in antenna design proposed in [15]

Zhang Chao and colleagues present a sophisticated design methodology for achieving independent dual-band notch performance in Ultra-Wideband (UWB) antennas [18], providing a valuable methodology for creating tunable dualband notched UWB antennas. Their proposed design features a semicircle ring-like radiating patch with an ellipticalshaped slot and double Split Ring Resonators (SRRs) on the top surface, accompanied by a Defective Ground Structure (DGS) implemented on the underside of the substrate. Through the careful integration of varactor diodes and a DC bias circuit, the antenna achieves an impressive tunable dualband notched characteristic, effectively suppressing narrowband interference signals from WiMAX and WLAN bands within the UWB spectrum. The measured results align closely with simulations, demonstrating a wider tunable range and notable notch-band performance with an electrical size of just $0.26\lambda \times 0.19\lambda$ at 1.3 GHz, the proposed antenna offers a compact, low-profile solution with extensive tunability and efficient interference suppression. This innovative design holds promise for various applications, including UWB communication, Wireless Body Area Networks (WBANs), and mobile communication systems, marking a significant advancement in antenna engineering for modern wireless technologies.



Fig. 4 Double band notching techniques in antenna design proposed [18]

In their study [21], Bazil Ahmed and Lasa introduce a novel approach to UWB antenna design, presenting a pair of polarization diversity antennas shaped as two overlapped circles. These antennas, with or without dual-band reject filters, exhibit robust performance across the entire UWB spectrum, ranging from 3.1 to 10.6 GHz. The measured reflection parameters S11 and S22 remain consistently below -10 dB, while coupling parameters S12 and S21 are lower than -15 dB, ensuring efficient signal transmission and

reception. Notably, the Envelope Correlation Coefficient remains impressively low, below 0.015, signifying minimal correlation between the antennas. This study underscores the effectiveness of polarization diversity techniques in enhancing antenna performance and offers valuable insights into the design of UWB antennas for diverse applications.



Fig. 5 Double band notching techniques in antenna design proposed in [21]

Pasumarthi S. Rao presents an innovative Ultra-Wideband (UWB) antenna incorporating dual band-notched characteristics [25]., adeptly addressing the interference issues associated with WLAN and WiMAX frequencies. The antenna employs a rectangular radiator with strategic slots and a unique folded stepped resonator within the ground plane, achieving notched bands targeting 3.76-5.9 GHz and 2.85-3.32 GHz for WLAN and WiMAX, respectively. Spanning a compact size of 32×32 mm², the antenna is verified through simulations and real-world measurements, showcasing excellent VSWR, group delay, efficiency, and radiation pattern characteristics. This design not only simplifies integration with portable devices but also promises to enhance the performance of future wireless communication systems.



Fig. 6 Double band notching techniques in antenna design proposed in [25]

2.3. Design Strategies for Triple Band Notched Antennas

In a pioneering endeavour by P R Babu [1] to advance Ultra-Wideband (UWB) antenna engineering, this study presents a compact pentagonal-shaped antenna design. This innovative configuration integrates modified inverted Ushaped slots alongside a hexagonal Electromagnetic Band Gap (EBG) structure, enabling precise band-notching capabilities within densely congested frequency spectra. Employing RT/DUROID 5880 substrate, the antenna achieves a notable operational bandwidth spanning 3.1–10.6 GHz, effectively circumventing interference from prominent bands such as C-band satellite communications, WLAN, and X-band frequencies. Its design not only ensures a peak gain of 4.6 dB at 5 GHz but also maintains an omnidirectional radiation pattern, a feature particularly noteworthy for its potential to enhance performance in diverse UWB applications. The meticulous fabrication and testing process underscored the antenna's capability to match simulated expectations with real-world performance, marking a pivotal step forward in the specialized field of UWB antennas with triple band-notch functionalities.



Fig. 7 Triple band notching techniques in antenna design proposed in [1]

Amjed Iqbal and collaborators introduce an innovative investigation into an independently controllable notched band Ultra-Wideband (UWB) antenna system [12]. Their inventive design showcases a modified main radiating element shaped like a maple leaf, incorporating partial ground, along with distinct components, including a meandered slot, an E-shaped Resonator, and a U-shaped slot. These elements are strategically combined to selectively attenuate frequencies within the AWS1-AWS2 band (2.05 GHz), the WiMAX band (3.5 GHz), and the IEEE 802.11/HIPERLAN band (5.85 GHz). Through meticulous optimization of notching structures and resonator placement, the proposed antenna achieves effective rejection of coexisting bands while maintaining robust performance across the entire pass band. This novel design holds promise for diverse applications, benefiting from its flat gain, excellent radiation characteristics, uniform group delay, and consistent transfer function throughout the UWB frequency range.



Fig. 8 Triple band notching techniques in antenna design proposed in [12]

In the scholarly work by O. P. Kumar [24], a thorough investigation is conducted on an elliptical Ultra-Wideband (UWB) antenna in conjunction with a dual-band UWB notch antenna, showcasing exceptional performance attributes. The UWB antenna, featuring two corner cuts on the rectangular slot of the partial ground plane, attains larger bandwidth in the range of 2.5-11 GHz with a gain of 4.9 dB, linear phase response, and minimal group delay. Similarly, the dual-band UWB notch antenna utilizes parasitic resonators on the partial ground plane to effectively reject WLAN and ITU bands, demonstrating high rejection levels and maintaining stable radiation patterns. With an overall size of 24×32 mm², both antennas offer compact designs coupled with exceptional performance, making them suitable candidates for diverse UWB applications.



Fig. 9 Triple band notching techniques in antenna design proposed in [24]

2.4. Innovations in MIMO Antenna Engineering

In their study [2], Bazil Ahmed and Rodriguez introduce a novel design of multi-element UWB-MIMO antennas featuring two versions for enhanced performance. Utilizing CST software for simulation, the antennas exhibit robust functionality across a wide frequency range, from 3 GHz up to 20 GHz. The measured S parameters confirm excellent isolation between antenna elements, surpassing 23 dB for the first version and exceeding 30 dB for the second version, thus ensuring efficient MIMO operation. With compact dimensions of $29.5 \times 60 \text{ mm}^2$, these antennas offer practicality without compromising performance. The comprehensive study demonstrates minimal channel capacity loss and low group delay variation, affirming the efficacy of the proposed UWB MIMO antenna system. Ahmed and Rodriguez's innovative approach, incorporating additional L-shaped stubs and metallic barriers, represents a significant advancement in MIMO antenna design, promising enhanced performance and reliability for a range of wireless communication applications.

Fig. 10 MIMO antenna design proposed in [2]

Minghuan Wang and collaborators introduce a novel design for a compact Ultra-Wideband Multiple-Input Multiple-Output (UWB MIMO) two-port antenna, notable for its outstanding isolation properties [19]. Their innovative approach incorporates three crossed X-shaped stubs between the ground planes of two identical antenna elements, enabling high isolation and impressive impedance matching. The resulting MIMO antenna, with compact dimensions of 18×28×1.6 mm³, exhibits a wide working frequency band of 1.9-14 GHz, maintaining isolation levels above 20.2 dB across the entire analysis frequency range. By extending the two-port antenna to a four-port configuration while retaining the same connection structure, the team achieves similarly high isolation levels (greater than 15.5 dB) within a broad frequency range of 1.7-14 GHz. These findings underscore the antenna's suitability for UWB wireless communication systems, offering not only excellent isolation but also superior performance metrics, including metrics such as Envelope Correlation Coefficient (ECC), Mean Effective Gain (MEG), and Channel Capacity Loss (CCL).

Wang et al.'s UWB MIMO antenna represents a significant advancement in antenna engineering, paving the way for enhanced communication capabilities in modern wireless systems.

Fig. 11 MIMO antenna design proposed in [19]

2.5. Optimizing MIMO Systems with Single Band Notched Antennas

Li-Jie Xu introduces an innovative approach to designing a directly connected linear antenna array tailored for Ultra-Wideband (UWB) applications [27], emphasizing a compact structure with minimized mutual coupling among elements. The design incorporates multi-mode resonances for a wideband response, while an additional slot mode enhances the band-notch feature and contributes to the array's miniaturization. Notably, the design strategy includes subtle geometric modifications of the peripheral elements to address the edge effect, ensuring uniform performance across the array. A fabricated 1×4 array prototype demonstrates the design's effectiveness, showcasing a 117% bandwidth with a notable gain exceeding 10 dBi, alongside a targeted band notch at 3.5 GHz where the gain drops to -3.7 dBi. These results, aligning closely with simulation predictions, underscore the potential of this directly connected antenna

array design for advancing UWB communication technologies.

Fig. 12 MIMO systems with single band notched antenna design proposed in [27]

2.6. Integration of MIMO with Double Band Notched Antennas

Amit Kumar and his team introduce a ground breaking MIMO antenna having two ports designed for the UWB frequency range, presenting an innovative solution with dual band-notched characteristics [20]. The antenna's compact size, measuring 19×30×0.8 mm³, incorporates two octagonalshaped radiating elements placed adjacently, accompanied by a connected ground plane. By incorporating a T-shaped stub within the ground plane and introducing open-ended halfguided-wavelength resonator slots in the radiating patch, the antenna attains band-notched characteristics at 5.5 GHz and 7 GHz. These attributes effectively mitigate interference from diverse high-traffic sources, such as downlink of Xband satellite communication, Super-extended/INSAT C-Band, WiMAX, HiperLAN and RFID service bands. Moreover, L-shaped slits in the feed line enhance impedance matching. Manufactured on an FR-4 substrate, the antenna demonstrates impressive performance metrics, including minimum isolation exceeding 18 dB (with a significant portion surpassing 22 dB) and an Envelope Correlation Coefficient (ECC) below 0.13. With a gain ranging from 1.2-2.91 dBi along with a radiation efficiency of more than 69% throughout the frequency range, Kumar et al.'s ultra-compact MIMO antenna provides a robust solution for UWB communication systems, ensuring stable and efficient performance in demanding electromagnetic environments.

Fig. 13 MIMO Systems with double band notched antenna design proposed in [20]

Shailesh Jayant innovatively designs a compact 4-port MIMO antenna for Ultra-Wideband (UWB) applications [26], featuring a quadruple monopole setup with rectangular radiators for enhanced performance. Achieving a small footprint of $35.9 \times 35.9 \times 0.8$ mm³, the design utilizes strategic cropping and optimization for space efficiency. The antenna boasts exceptional isolation above 19 dB, attributed to the orthogonal arrangement of the antenna elements and a novel cross-shaped decoupling structure, effectively mitigating interference. Notably, it incorporates three notched bands to selectively filter out WLAN, X-band, and WiMAX frequencies, using precisely placed C-shaped and L-shaped slits to achieve targeted signal rejection. This design maintains a robust reflection coefficient across a wide frequency range, excluding the notched bands, ensuring broad applicability in modern wireless systems. Moreover, a pioneering enhancement to a 16-port MIMO configuration, achieved by closely arranging four such antennas, notably elevates wireless communication capabilities by enhancing transmission capacity and link reliability. This represents a significant stride forward in antenna design for forthcoming technologies.

Fig. 14 MIMO systems with double band notched antenna design proposed in [26]

2.7. Exploring Ultra-Wide Band Antenna Architectures

In their work, Saida Ibnyaich and collaborators introduce a novel compact pentagonal microstrip patch antenna tailored for ultra-wideband applications [13]. This antenna, with dimensions of 30×17.59×1.6 mm³, exhibits an impressive bandwidth spanning from 2.66 GHz to 10.82 GHz, as indicated by an $S_{11} \leq -6$ dB criterion. Through a systematic design evolution involving the incorporation of a defected ground plane, two stubs, and four slots, the antenna's bandwidth was significantly enhanced. A meticulous parametric study of the ground plane structure enabled the identification of optimal parameters, ensuring superior antenna performance. Experimental validation confirmed the antenna's exceptional impedance matching and showcased its electrically small dimensions, commendable gain, and notable efficiency. These attributes position the proposed antenna as a promising candidate for a wide array of applications, including ultra-wideband wireless communication, microwave imaging, radar systems, and various mobile phone frequency bands. The demonstrated

capacity to cover the entire UWB frequency spectrum underscores the antenna's versatility and suitability for diverse wireless communication standards such as WiMAX, WLAN, Wi-Fi, HIPERLAN-2, Bluetooth, LTE, and 5G.

Fig. 15 Ultra wide band antenna design proposed in [13]

In their recent study [16], Mohammed Amer Hamed and collaborators introduced a novel approach to enhancing antenna performance through the integration of a metasurface reflector with a high-gain directional antenna system. By leveraging Ultra-Wideband (UWB) antenna elements and meta-surface technology, they effectively addressed challenges associated with poor impedance bandwidth and directivity. The meta-surface reflector, strategically positioned above the UWB antenna element, significantly improved the antenna's impedance bandwidth, directivity, and gain. Experimental validation confirmed the efficacy of the proposed design, demonstrating a wide impedance bandwidth of 3 to 6 GHz and a maximum directivity of 4.6 dBi at 3.5 GHz. Moreover, comparative analysis with existing works underscored the superiority of the proposed antenna system, particularly in the context of IEEE 802.15.4a UWB. Wireless Sensor Network (WSN) security applications. Amer and Madan (2024) further advanced this field by fabricating an antenna system incorporating a Frequency Selective Surface (FSS) unit cell and meta-surface configuration. Their work demonstrated significant enhancements in directivity, gain, and impedance bandwidth across relevant frequencies, validating the efficacy of their approach. The achieved directional stability at operational frequencies highlights the potential for improved security in UWB wireless sensor networks.

Fig. 16 Ultra wide band antenna design proposed in [16]

2.8. Advancements in 3D Printed Horn Antenna Technology

Yifan Wang's innovative research [3] introduces a cutting-edge Ultra-Wideband (UWB) antenna, distinguished by its 3-D printed end fire Transverse Electromagnetic (TEM) horn configuration and strategic mounting on a cylindrical conductor. The design intricately assembles four TEM horn antennas and a cylinder conductor, incorporating a unique metal ridge on the cylindrical ground to enhance both impedance bandwidth and radiation performance significantly. This innovative methodology yields an antenna characterized by a broad operational bandwidth ranging from 1 to 16 GHz, combined with a compact physical footprint. Notably, the antenna demonstrates a commendable Voltage Standing Wave Ratio (VSWR) of less than 2. Employing meticulous 3-D printing techniques and surface metallization in the prototype fabrication accentuates the antenna's pragmatic utility. Furthermore, the antenna exhibits an impressive gain range ranging from 3.5 to 11.5 dBi throughout its bandwidth. Wang's work not only showcases the potential of combining traditional antenna design principles with modern manufacturing techniques but also marks a significant advancement in the field, positioning the proposed antenna as an ideal choice for diverse UWB endfire applications.

Fig. 17 3D printed antenna design proposed in [3]

Chen's study introduces a pioneering approach to Ultrawideband Magneto Electric Dipole (MED) antennas through the utilization of RGW aperture-coupled feeding technology [4]. Departing from conventional Γ-shaped probe feeding structures, this innovative methodology enables the creation of an ultra-wideband MED antenna with exceptional impedance matching covering 104% from 1.92 to 6.08 GHz, along with directional pattern characteristics. Through the fabrication of a prototype using metallic 3-D printing, the practical utility of this design is validated, showcasing a measured impedance bandwidth with VSWR < 2 extending 104% from 1.99 to 6.14 GHz, along with consistent gains ranging from 5.5 to 7.5 dBi. Notably, the all-metallic structure contributes to a radiation efficiency exceeding 89%, minimizing dielectric losses. In conclusion, Chen's research introduces a significant advancement in MED antenna technology, emphasizing the simplification of feeding structures, improved radiation efficiency, and robustness, all underscored by the seamless integration afforded by 3-D printing techniques. The achieved performance metrics, validated through simulation and measurement, underscore the practical viability and efficacy of the proposed design paradigm.

Fig. 18 3D printed antenna design proposed in [4]

2.9. Advances in Vivaldi Antenna Design and Applications

Xiao-Yuan presents a groundbreaking Ultra-Wideband (UWB) antenna design [5], a circularly polarized Halvedtype Vivaldi Antenna (HVA) with symmetrical radiation patterns. Unlike conventional HVAs, this antenna eliminates the need for an additional ground plane by utilizing a multifunctional HVA element in a rotational-symmetry structure. With a compact aperture size and integrated feeding network, it achieves an impressive 111.5% impedance bandwidth and 100% axial ratio bandwidth. Tested with a peak gain of 7.2 dBic, this antenna holds promise for future wireless communication systems.

Sahar Saleh introduces a transformative approach to antenna design with the development of the Vivaldi Nonuniform Slot Profile Antenna (VNSPA) theory [6]. This innovation, rooted in Nonuniform Transmission Lines (NTLs) theory, significantly reduces the size of Ultra-Wideband (UWB) Vivaldi-Tapered Slot Antennas (VTSA) by 33% without compromising performance attributes such as impedance matching and bandwidth. Achieving a remarkable overall size reduction of 51.94%, the novel VNSA showcases enhanced performance metrics, including an S11 below -10.89 dB across a broad frequency range of 2.9–13.55 GHz and improved bandwidth and gain. The theory's validation through MATLAB optimization, CST simulation, and prototype measurements highlights its potential in refining antenna design for compact applications, paving the way for future explorations in antenna performance enhancement and the application of VNSPA theory across different frequency bands.

Fig. 20 Vivaldi antenna design proposed in [6]

Xiaoyu Liu pioneers a compact, circularly polarized Vivaldi-inspired antenna array through an inventive bending technique [7], achieving significant miniaturization without compromising performance. This design entails a cross-shaped configuration of two orthogonal Vivaldi elements, enhanced with a unique wideband feeding network for improved impedance matching. The antenna's volume is remarkably reduced to just $0.21\lambda_l \times 0.21\lambda_l \times 0.11 \text{ ss}\lambda_l$, demonstrating a broad impedance bandwidth of 110.4% and an axial ratio bandwidth of 111.4%. Notably, it maintains stable gain across the 4G LTE and emerging 5G new radio bands, peaking at 6.6 dBic at 3.55 GHz. Liu's approach not only miniaturizes the antenna but also ensures it excels in performance, marking a significant advancement in ultra wideband circularly polarized antenna design.

Fig. 21 Vivaldi antenna design proposed in [7]

In the study by Bian Wu [8], a revolutionary transparent Ultra-Wideband (UWB) Halved Coplanar Vivaldi Antenna (HCVA) is introduced, integrating a Metal Mesh Film (MMF) to achieve transparency and high-performance characteristics simultaneously. This innovative design effectively halves the aperture size without sacrificing bandwidth or directivity, thanks to the novel use of MMF with low sheet resistance and high optical transmittance in critical components. Demonstrating an exceptional fusion of UWB impedance matching, compactness, and structural simplicity, the antenna exhibits outstanding performance over a broad frequency spectrum spanning from 0.78 to 20 GHz, attaining a peak gain of 10.4 dBi. This transparent HCVA, a first of its kind, sets a new benchmark for integrating antennas into future wireless communication systems without compromising aesthetic or functional requirements.

Fig. 22 Vivaldi antenna design proposed in [8]

Cheng and Yuandan propose an innovative shared aperture antenna design, combining a tapered slot antenna with millimetre-wave (mm-wave) dipole arrays, catering to Ultra-Wideband (UWB) applications [11]. Through the integration of four dipole arrays and metal reflectors, the antenna achieves a substantial gain enhancement from 9 dB to 13 dB, offering exceptional performance across sub-6 GHz communication frequency bands, including LTE bands and N77-N79 bands. Notably, the antenna exhibits a compact volume and dual-polarized radiation capability, making it well-suited for 5G micro base station applications. The proposed antenna demonstrates outstanding isolation exceeding 30 dB and maintains stable radiation patterns throughout its operating frequency range. Leveraging Substrate-Integrated Waveguide (SIW) feeding technology, this shared aperture design represents a significant advancement in antenna engineering, offering a versatile solution for next-generation wireless communication systems.

Fig. 23 Vivaldi antenna design proposed in [11]

Zuqi Fang presents an innovative solution to overcome the challenges associated with narrow bandwidth in reconfigurable antennas, introducing a linearly polarized 2bit Ultra-Wideband (UWB) antenna array tailored for C-band operation [29]. Consisting of 16 Vivaldi elements, 16 wideband phase shifters, and a feeding network, the array capitalizes on structural symmetry to achieve opposing phase states across a wide bandwidth. Experimental results validate the array's efficacy, demonstrating efficient operation spanning from 4.0 to 5.5 GHz with a reflection loss below -10 dB and side lobes suppressed below -10 dB within a scanning angle range of -45° to 45° . Remarkably, the design offers advantages, including low cost, simplicity in structure, ease of fabrication, and expansive bandwidth, holding promise for diverse applications in wireless communications and radar detection.

Fig. 24 Vivaldi antenna design proposed in [29]

2.10. Diverse Developments in Antenna Technology

Renato Cicchetti presents a pioneering high-gain Dielectric Horn-Lens Antenna (DHLA) designed for wideband wireless communications and Ultra-Wideband (UWB) applications [9], boasting an impressive 122% fractional bandwidth. The antenna's innovative design, featuring a dielectric horn equipped with a spherical-axicon dielectric lens, facilitates increased and uniform gain across the operating band, employing a unique eight-shaped slot and tapered microstrip transmission line for excitation, the antenna achieves excellent field coupling and compact size. With optional metal reflector integration, the antenna showcases a remarkable peak gain of 19 dB and minimal cross-polarization levels. It is suitable for diverse applications. including terrestrial and satellite communications, RF sensing, and high-security UWB communications. Experimental validation confirms the antenna's exceptional performance, showcasing its potential for advancing wireless communication systems.

Fig. 25 Advanced antenna design proposed in [9]

Lei Sang introduces a groundbreaking Ultra-Wideband (UWB) planar monopole array antenna, employing a synergistic design of copper (Cu) film and innovative phase transition vanadium dioxide (VO₂) film for enhanced stealth capabilities [10]. The dual-phase VO₂ film, which alternates between low and high conductivity states, is strategically combined with Cu to optimize the Radar Cross-Section (RCS) reduction without significantly compromising the antenna's gain. This novel approach utilizes Cu for high current density areas and VO₂ for its phase transition properties in lower current zones, effectively minimizing the average gain reduction to a mere 0.4 dBi while achieving a

substantial RCS reduction of 9 dB across the UWB range of 4–11 GHz. This design maintains the antenna's radiation pattern within the operational band of 6–9 GHz, showcasing a sophisticated balance between stealth and performance.

The integration of VO_2 and Cu films in the antenna's architecture marks a significant advancement in UWB antenna design, promising for applications requiring low visibility and high efficiency.

Fig. 26 Advanced antenna design proposed in [10]

Shu Feng and collaborators introduce a groundbreaking approach to wideband antenna design with their proposal of a wideband Differential-fed Microstrip Patch Antenna (DMPA) [14]. By leveraging quad-mode resonance and implementing radiation pattern correction techniques, the antenna achieves a remarkable impedance bandwidth of 29.4% (3.22-4.33 GHz) with a broadside gain ranging from 6 to 9.9 dBi, devoid of any nulls. The integration of multiple resonant modes, including TM₁₀, TM₃₀, TM₁₂, and TM₃₂, plays a pivotal role in expanding the antenna's operational bandwidth, addressing common challenges encountered in multi-mode resonant microstrip patch antennas. The meticulous physical structure and mode combination process of the DMPA are meticulously detailed, showcasing a comprehensive understanding of antenna engineering principles. The experimental validation confirms the efficacy of the proposed design, with measured results aligning closely with simulation outcomes. Feng et al.'s contribution not only advances the state-of-the-art wideband antenna technology but also underscores the potential for further innovation in radiation pattern correction methodologies.

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Fig. 27 Advanced antenna design proposed in [14]

Mirac and Bulent introduced a groundbreaking flexible monopole antenna designed for Ultra-Wideband (UWB) applications, featuring an impressive 141.46% impedance bandwidth spanning 2.4 to 14 GHz [17]. Fabricated on a flexible Kapton substrate using an airbrush printed technique, this antenna offers compact geometry suitable for various technological applications under diverse bending conditions. Through meticulous simulations and measurements, the antenna's performance stability in both flat and bending configurations was rigorously assessed. The measured results showcased an omnidirectional radiation pattern, with a peak gain of 7.14 dBi and excellent linearity in polarization across the UWB spectrum. Time-domain analysis further confirmed the antenna's reliability, exhibiting a high correlation with minimal distortion under different bending scenarios. This comprehensive study underscores the viability of the proposed flexible monopole antenna for UWB technology, promising stable performance across a wide range of applications.

Fig. 28 Advanced antenna design proposed in [17]

Amina Benouakta introduces a novel approach to enhance the performance of Ultra-Wideband (UWB) Real-Time Locating Systems (RTLS) for indoor object localization and positioning [28], a pivotal aspect of IoT applications. Employing patch-directional UWB antennas with enhanced gain and wideband circular polarization, the study aims to extend localization range, ensure received power independence from object orientation, and mitigate multipath signals.

Comparative measurements conducted between conventional omnidirectional antennas and the newly designed directional circularly polarized antennas reveal significant improvements, including a nearly 100-meter extended range, orientation-independent received power, and enhanced multipath mitigation. These findings underscore the efficacy of directional and circularly polarized UWB antennas in advancing RTLS capabilities, offering promising prospects for future locating systems across various indoor and outdoor environments.

Fig. 29 Advanced antenna design proposed in [28]

Rakesh N. Tiwari introduces a compact, loop-based ingestible capsule antenna optimized for Ultra-Wideband (UWB) endoscopy systems [30], boasting a diminutive size that ensures minimal invasiveness. Designed to function within the significant frequency range of 0.560 to 10.6 GHz, this innovative antenna has been rigorously tested both in vitro, using a homogeneous muscle phantom, and in vivo, within the stomach of a Wistar rat, demonstrating versatile and reliable performance.

Its capability extends across various essential bands, including ISM 0.915 GHz, WMTS 1.4 GHz, ISM 2.45 GHz, and the broad UWB range of 3.1-10.6 GHz. Notably, its omnidirectional radiation pattern makes it an ideal candidate for comprehensive endoscopy communications, facilitating superior imaging and telemetry within diverse organs of the digestive tract. This leap in design, simulation, and application signifies a pivotal advancement in medical diagnostics, promoting enhanced patient care through improved, non-invasive internal examination methods.

Fig. 30 Advanced antenna design proposed in [30]

3. Results and Discussion

Table 1 provides a comprehensive overview of various antenna designs, each linked to a specific reference number indicating the original research. These designs offer insights into the diverse methodologies and materials employed in contemporary antenna engineering. Upon examination, it becomes evident that the choice of substrate material significantly influences the performance of UWB antennas. Low dielectric constants, as seen with F4B and Rogers materials [5, 23, 27], are preferred for broader bandwidth and higher efficiency, crucial for mm-wave applications. Conversely, while FR4 is a common choice [24, 25, 26, 28], its higher dielectric constant and loss tangent limit performance compared to specialized materials like Rogers RT/Duroid 5880 and F4B. However, advancements in design techniques have enabled FR4-based antennas to achieve respectable performance, making them viable for costsensitive applications where ultra-wideband performance is not the primary requirement.

Hence, substrate material selection is a critical factor influencing the antenna's bandwidth, gain, and overall performance. The trade-off between cost and performance must be considered, with specific applications guiding the choice of substrate material. Future research could explore novel materials and hybrid structures to further enhance UWB antenna performance, especially in terms of bandwidth and efficiency.

Tables 2 and 3 highlight various techniques to create notches in antenna designs for specific frequency bands. For instance, U-shaped slots and Hexagonal EBG structures are used in [1] to notch out the C and WLAN bands while preserving the X-Band. Multiple references employ various slot techniques to create notches for WiMAX and WLAN bands. Additionally, the use of Multiple-Input, Multiple-Output (MIMO) in some antenna designs improves data transmission capacity using multiple antennas. Several MIMO techniques are highlighted, including stubs, metallic barriers, X-shaped stubs, and combinations of microstrip lines and decoupling structures. Overall, these tables offer valuable insights into different antenna design approaches to achieve functionalities like band filtering and improving data transmission capacity through MIMO.

Table 1. Antenna characteristics							
Ref.	Substrate Material	Dielectric Constant	Dimensions (mm)	Method Used	S11 (dB)	Gain (dB/dBi)	Band Coverage (GHz)
[1]	RT/Duroid 5880	2.2	36x33x1.6	Inverted U-Slots, EBG	-20	4.6	3.1-10.6
[2]	FR4	4.4	29.5x60x1.6	MIMO	-35	5.145 (V1), 5.497 (V2)	3.0-20.0
[5]	F4B substrate	2.2	280x155x1	Halved-Type Vivaldi Antenna	-40	7.2	0.52-1.83
[12]	FR4	4.4	33x34x1.6	Slots	-	3.6-4.6	1.4-11.3
[15]	FR4	4.4	16x11x1.6	The radiator features two slots shaped like inverted U	-23	4	3.7-13.3
[16]	Roger 3003	3.3	Meta Surface- 50x50, antenna element- 50x16.3	Meta-surface reflector used for Directivity enhancement	-20	5	3.0-6.0
[17]	Kapton	3.4	82x57x0.125	Airbrush printed technique	-50	7.14	2.4-14
[18]	FR4	4.4	18x12, 18x28, 34x34	Stub	-20	0.4-4.8	3.7-14, 1.9-14, 1.7-14
[19]	FR4	4.4	19x30x0.8	DGS, MIMO	-30	1.2-2.91	3.1-10.6
[20]	FR4	4.4	19x19x0.8	UWB-MIMO	-20	3.12-7.6	4.37-7.45
[21]	TLX-9	2.5	70x80x0.78	MIMO, Polarization Diversity, Notch Filters	-30	3-11	2.8-10.6
[22]	FR4	4.6	26x24x1.6	Slot	-25	4-5	3-10.6
[23]	RT/Duroid 5880	2.2	10x15x0.254	Stubs & Slots	-45	4.93	3-14.55
[24]	FR4	4.4	24x32x1.5	C & Inverted U slots	-33	0.8-5.9	2.5-11
[25]	FR4	4.3	32x32x1.6	Several Slots	-30	3-5	2.8-10.6
[26]	FR4	4.4	35.9x35.9x0.8	Slit & Slots, MIMO	-25	4.7	3.2-10.8
[27]	F4B-M	2.2	34.3x120x1	1x4 array with slots	-20	10-17	3-11.5
[28]	FR4	4.4	23x23x0.8	CP Fed & Directional Coupler	-20	6	3.75-4.25
[29]	Rogers RO4350B	3.48	83.5x25x0.815	2-bit, 16-element array antenna	-39	2.5	4-5.5
[30]	Poly-imide (AP9121R)	3.4	$\pi \times (3.5)^2 \times 17$	Capsule Antenna, Outer wall loop	-69	24.6	0.56-10.6

Ref.	Technique	Design Features	Specialization		
[1]	Triple Band Notched	Two inverted U slots and a Hexagonal EBG structure	 → Notch in C-band & WLAN frequencies → Improved gain performance 		
[12]	Triple Notched Band	E-shaped, meandered slots, and U- shaped slots	 → Notches for AWS1-AWS2, WiMax, and HIPERLAN bands → Mitigation of dispersion issues 		
[18]	Double Band-Notched	Double C-shaped split ring resonator and DGS	 → Wideband coverage → Tunable notch utilizing varactor switch 		
[20]	Double Band-Notched	L-shaped stub in ground plane; T- shaped ground plane	 → Enhanced impedance matching → High isolation performance 		
[21]	Double Band-Notched	Polarization Diversity technique	 → Improved isolation → Notches targeting 5-6.1 GHz and 8.4-9.9 GHz bands 		
[22]	Single Band-Notched	Slot at the bottom side	 → Notch in 5.1-5.95 GHz band → Resolution of specific interference issues 		
[23]	Single Band-Notched	Stub-loaded printed antenna with CPW Fed and slots	 → Notch in WLAN spectrum (4.59-5.82 GHz) → Mitigation of WLAN interference 		
[24]	Triple Notched Band	Inverted U-shaped and iron-shaped resonator	 → Notches in 5.2–5.7 GHz and 7.2–8.5 GHz bands → Enhanced filtering for specific frequency bands 		
[25]	Double Band-Notched	Multiple slots	 → Notches for WiMAX and WLAN bands → Enhanced rejection of interference signals 		
[26]	Triple Notched Band, MIMO	L-shaped slit in ground plane; Cross-shaped decoupling structure	 → Notch targeting specific frequency band → Enhanced isolation performance → Increased data transmission capacity through MIMO technology 		
[27]	Single Band Notch, MIMO	Symmetric slots	 → Notch targeting specific frequency band → Achieving wideband coverage → Enhanced isolation performance via MIMO 		

Table 2. Summary of	design techniques i	n notched antennas
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Ref.	Design Technique	Specialty of Design
[2]	MIMO	Two Like stubs and one vertical metallic barrier for good isolation; Enhanced MIMO capacity.
[5, 6]	Vivaldi Antenna	Tapered slot antenna for wideband operation, compact size, and good directional capability.
[13]	Ultra-Wide Band (Single Band)	3 horizontal slots and one inverted L slot with DGS for wideband operation.
[19]	MIMO	High-Isolation achieved with multiple X-shaped stubs; Enhanced MIMO performance.

4. Future Scope

The exploration and advancement in Ultra-Wideband (UWB) antenna designs have unveiled significant parameters such as group delay, co-polarization, and cross-polarization, which play pivotal roles in enhancing the performance and application scope of UWB systems. This review identifies several avenues for future research that could further push the boundaries of UWB technology, offering innovative solutions to existing challenges and opening new possibilities for its application:

4.1. Refinement of Group Delay Characteristics

The uniformity of group delay across the UWB spectrum is crucial for minimizing signal dispersion and

ensuring the integrity of transmitted information. Future research could focus on innovative antenna designs or materials that offer more precise control over group delay variations. This could involve the development of adaptive antenna structures that dynamically adjust to maintain a flat group delay profile across the operating bandwidth, regardless of external frequency variations or specific band notching requirements.

4.2. Enhanced Co-polarization and Cross-Polarization Control

Achieving optimal radiation patterns through improved co-polarization and minimized cross-polarization is essential for maximizing the efficiency and reliability of UWB systems. Future studies could explore novel antenna geometries or surface treatments that enhance co-polarization while suppressing cross-polarization effects. Additionally, the integration of active elements into antenna designs could provide a means to dynamically adjust polarization characteristics in response to changing operational environments or application requirements.

4.3. Advanced Materials and Fabrication Techniques

The exploration of new materials with unique electromagnetic properties could offer unprecedented opportunities for UWB antenna design. Metamaterials hold promise for manipulating electromagnetic waves in novel ways, potentially allowing for more compact antennas with enhanced performance characteristics. Furthermore, advances in fabrication technologies, such as 3D printing, could enable the creation of complex antenna structures that are currently impractical or impossible to produce with traditional manufacturing methods.

4.4. Integration with Emerging Technologies

The integration of UWB antennas with emerging technologies such as IoT devices, wearable electronics, and next-generation wireless communication systems presents a fertile ground for research. This includes the development of flexible, stretchable, or otherwise conformable antennas that can be incorporated into a variety of devices without compromising performance. Additionally, the exploration of UWB antennas in conjunction with beamforming and MIMO technologies could enhance data transmission rates and reliability in crowded or challenging wireless environments.

4.5. Environmental and Health Impact Studies

As UWB technologies become more pervasive, it is important to understand their environmental and health impacts thoroughly. Future research could examine the longterm effects of widespread UWB deployment, including potential interference with existing communication systems and the biological effects of prolonged exposure to UWB frequencies.

By addressing these future research directions, the scientific community can continue to expand the capabilities and applications of UWB technologies, driving innovation in wireless communication and beyond.

5. Conclusion

Conclusively, the research landscape in Ultra-Wideband (UWB) antenna design exhibits a remarkable array of innovative approaches, each contributing uniquely to the advancement of this specialized field. From compact pentagonal-shaped antennas with triple band-notch functionalities to 3-D printed end fire TEM horn configurations and from circularly polarized Vivaldi-inspired arrays to transparent halved coplanar Vivaldi antennas, the spectrum of designs showcases ingenuity and versatility. These antennas cater to various demands, including band-notching for WLAN and DSRC applications, achieving omnidirectional radiation patterns, and even enhancing stealth capabilities through phase transition materials.

Furthermore, the introduction of novel theories like the Vivaldi Nonuniform Slot Profile Antenna (VNSPA) and innovative fabrication techniques such as 3-D printing and surface metallization underscore the commitment to push the boundaries of UWB antenna design. The meticulous validation processes through simulation, optimization, and prototype measurements ensure that these antennas not only meet but often exceed the performance expectations set by simulation models. Moreover, the practical applicability of these antennas is demonstrated through their successful integration into real-world scenarios, ranging from wireless communication, and positioning systems.

The emphasis on compactness, wideband response, impedance matching, and stability across various frequency bands reflects a holistic approach towards addressing the evolving needs of modern wireless communication and sensing applications. In essence, the collective efforts showcased in these research endeavors not only contribute significantly to the body of knowledge in UWB antenna design but also pave the way for future innovations, promising enhanced performance, versatility, and applicability across diverse domains.

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